



Creating and Safeguarding Trust in Your Relationship

This class offers a safe place to discuss the **REAL LIFE** issues that many married couples face regarding **TRUST** in their relationships. Gain a better understanding of your partner and learn ways to ignite new passion in your marriage.

Some of the things you will learn in this class:

- How to create and sustain trust
- How we gain and lose trust
- What is a distorted trust picture and how does it affect us?
- How to repair and refresh the trust picture of your spouse
- The role of forgiveness in sustaining trust
- The eight characteristics of a trustworthy partner

Date: Sun., Oct. 20, 2019

Time: 6:00 p.m.— 7:30 p.m.

Place: Mt. Zion United Methodist Church, 1643 Churchville Rd., Churchville, MD 21015

**Child care is available for this event—Pioneer Club for Elementary School children
Nursery is available in tent where evening service is held**

Cost: **FREE** to the public as an outreach of Mt. Zion UMC

To register: email: wjbhbm69@gmail.com or call 410-914-5884

Taught by: Pastor Norma Tilton, Marriage Educator/Counselor
President of Marriage Works MD

