

## Owen and Lauren Mitchell Bio

Working with Marriage Dynamics Institute in Franklin, TN, **Owen and Lauren Mitchell** have been privileged to invest in hundreds of married couples all over the country since 1998 and love what they do. They know everyone has a story so they teach, equip, support, and encourage couples with information, skills, and tools to make their story the best it can be.

Owen works as a Property Manager and has 25 years' previous experience in retail management. A 1979 graduate of Tennessee's Freed Hardeman University, he is a member of the Athletic Hall of Fame. After 20 years as an executive administrative assistant, Lauren has volunteered since 2006 as a peer advocate at a Pregnancy Help Center and loves to teach the Bible. They combine travel and hiking every chance they get.

The Mitchells have lived, worked and raised their family in Eustis, Florida, are parents to two married children, and love being "O and Gigi" to two fun, active, sweet, smart and loud grandsons.



**Marriage Dynamics Institute**

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