



P.I.C.K. a Partner or more affectionately known as "how to avoid falling in love with a jerk or jerkette" is an innovative program designed for singles that provides a plan for pacing and exploring key areas of a relationship.

P.I.C.K. includes:

1. The Relationship Attachment Model – explaining the importance of building safe relationships
2. The Development of 5 key areas to explore in a partner - giving you a good understanding of what that person may be like in a long term relationship.
3. An explanation of the dynamics of:
 - Know
 - Trust
 - Rely
 - Commit
 - Touch

"PICK is PERFECT!!! Really put things into perspective for me and connected the dots for making healthier decisions!"

For more info contact email: norma@marriageworksmd.org